Day	Lunch 1	Lunch 2	Lunch 3	Vegetarian	Vegetable Selection 1	Vegetable Selection 2	Carb 1	Carb 2	Dessert 1	Dessert 2	Dessert 3	Supper 1	Supper 2	Supper 3	Supper Dessert 1	Supper Dessert 2
Sun3	**Roast Loin of Pork, Sage Onion Stuffing & Apple Sauce**	**Smoked Haddock Fishcake with a Mornay Cheese Sauce**	Cold Meat Salad	Field Mushroom Stuffed with Spinach & Feta	Cheesy Leeks	Roasted Root Vegetables	Roast Potatoes	Creamed Potatoes	Pear & Almond Frangipane Tart	Assorted New Forest Ice Cream	Stewed Fruit	Homemade Tomato Soup	**Smoked Salmon & Cream Cheese on Bloomer Bread**	**Vegetable Terrine with Caramelised Onion & Toast**	Strawberries & Cream Roulade	Assorted New Forest Ice Cream
Mon3	**Cottage Pie**	**Pork Collar Steak with a Cider & Apple Sauce**	Egg & Cress Salad	Vegetarian Cottage Pie	Green Beans	Buttered Carrots with Dill	Crushed New Potatoes	Creamed Potatoes	Raspberry Ripple Cheesecake	Assorted New Forest Ice Cream	Stewed Fruit	Homemade Potato & Watercress Soup	**Welsh Rarebit with a Side Salad**	**Ham Hock Terrine, Chutney & Bread & Butter**	Dark Chocolate Profiteroles	Assorted New Forest Ice Cream
Tue3	**Salmon with a Tomato Hollandaise Sauce**	**Hoisin Chicken with Cashews Nuts**	Tuna Salad	Chilli Bean Enchilada	Roasted Mediterranean Vegetables	Garden Peas	Creamed Potatoes	Noodles	Dark Chocolate Brownie	Assorted New Forest Ice Cream	Stewed Fruit	Roasted Red Pepper & Butternut Squash Soup	**Ham & Cheese Croissant**	**5 bean and walnut Salad**	Apricot Fool	Assorted New Forest Ice Cream
Wed3	**Slow Cooked Feather Blade with Peppercorn Sauce**	**Pan-fried Seabass fillet with a Lemon and Dill Butter Sauce**	Cheese & Pineapple Salad	Chickpea Tagine	Broccoli Mornay	Roasted Carrots	Roast Potatoes	Creamed Potato	Eton Mess	Assorted New Forest Ice Cream	Stewed Fruit	Homemade Carrot & Lentil Soup	**Pesto, White Wine and Courgette Pasta**	**Sesame Prawn on Toast with Sweet Chilli Sauce**	Sweet Waffles with Fruit	Assorted New Forest Ice Cream
Thu3	**Chicken & Leek Pie**	**Salmon & Prawn Fishcakes with a White Wine & Lemon Sauce**	Egg Mayonnaise Salad	Tomato and Pepper Risotto	Buttered Cabbage	Roasted Butternut Squash	Duchess Potatoes	Creamed Potatoes	Baked Rice Pudding	Assorted New Forest Ice Cream	Stewed Fruit	Cream of Vegetable Soup	**Spaghetti Bolognaise**	**Poached Egg with Avocado and Toasted Bloomer Bread**	Peaches & Cream	Assorted New Forest Ice Cream
Fri3	**Breaded Fish Fillet with Tartare Sauce & Lemon Wedge**	**Beef Lasagne with Garlic Bread & Dressed Salad**	Ham Salad	Cheesy Leek Pot Pie	Petit Pois	Roasted Tomatoes	Chips	Creamed Potatoes	Mississippi Mud Pie	Assorted New Forest Ice Cream	Stewed Fruit	Homemade Leek & Potato Soup	**Macaroni Cheese with Garlic Bread**	**Coronation Chicken Vol Au Vents**	Triple Layered Jelly & Cream	Assorted New Forest Ice Cream
Sat3	**Pork and Leek Sausage and Onion Gravy**	**Fisherman's Pie with Cod, Smoked Haddock, Salmon & Prawns**	Smoked Mackerel Salad	Mushroom Au Croute with Spinach & White Wine Sauce	Roasted Sweet Potato	Roasted Mediterranean Vegetables	New Potatoes	Creamed Potatoes	Blackberry & Pear Crumble	Assorted New Forest Ice Cream	Stewed Fruit	Homemade Cream of Cauliflower Soup	Gourmet Sausage Roll with Chips & Beans	Nicoise Salad with Sun Blushed Tomatoes	Strawberry Panna Cotta with Biscuit Crumb	Assorted New Forest Ice Cream